



## **[In French] Dans la valise de maman : liste to chose à emporter lorsque vous vous rendez au IWK Health Centre pour donner naissance**

<http://libcat.nshealth.ca/permalink/provcat14797>

IWK Health Centre. IWK , 2015.

Available Online: [View Pamphlet](#)

Location: Online

“ *in French language: list of articles for expectant women and fathers-to-be to bring with them to the IWK*



## **Home care tube feeding learning package**

<http://libcat.nshealth.ca/permalink/provcat14775>

IWK Health Centre. IWK , 2011.

Available Online: [View Pamphlet](#)

Location: Online

“ *Information about equipment, methods, general tube feeding principles.*



## **Welcome to 4B Community Transitions Unit**

<http://libcat.nshealth.ca/permalink/chpams35633>

Nova Scotia Health Authority. Central Zone. 4B Community Transitions Unit. Halifax, NS: Nova Scotia Health Authority , 2016.

Pamphlet Number: 0018

Available Online: [View Pamphlet](#)

“ *The 4B Community Transitions Unit (CTU) cares for people who are waiting to go to a nursing home and do not need to be in a hospital anymore. The information in this pamphlet will help you and your family get ready for your stay on the Unit. This pamphlet provides information on visiting hours, suggested personal belongings, programs and activities, and other info. It also describes all the members of your healthcare team.*



## **Welcome to 8.2**

<http://libcat.nshealth.ca/permalink/chpams35174>

Nova Scotia Health Authority. QEII. Unit 8.2. Halifax, NS: Nova Scotia Health Authority , 2017.

Pamphlet Number: 1297

Available Online: [View Pamphlet](#)

“ *8.2 is a 37-bed Medical Teaching Unit for patients with many kinds of medical conditions. Pamphlet topics include: your healthcare team, visiting, meal times, phone calls, parking, accomodations for family, personal belongings, services while you are in the hospital, medication safety, infection control, and follow-up instructions.*



## Addictions community-based services : Central Zone (Halifax, Eastern Shore, and West Hants)

<http://libcat.nshealth.ca/permalink/chpams35802>

Nova Scotia Health Authority. Mental Health and Addictions. Central Zone (Halifax, Eastern Shore, and West Hants). Halifax, NS: Nova Scotia Health Authority , 2017.

Pamphlet Number: 1753

Available Online: [View Pamphlet](#)

“Addiction community-based services are available for people who are having problems with reducing or stopping their use of alcohol, tobacco, drugs and/or gambling, and their families. This pamphlet describes the community-based services that are available, including individual treatment, group treatment, skill based workshops and two week treatment programs. Womens' only programming for people who identify as women is also available. Information on howto access the programs and other communit...



## Substance abuse

<http://libcat.nshealth.ca/permalink/chpams34636>

Nova Scotia Health Authority. Central Zone. Mental Health & Addictions Program. Halifax, NS: Nova Scotia Health Authority , 2016.

Pamphlet Number: 0756

Available Online: [View Pamphlet](#)

“Addiction happens when substances become the focus of your life. A list of negative effects that some substances have on your mind and body is provided. If you feel you have a drug or alcohol problem and want to seek help, a list of recommendations is given.



## Adrenal insufficiency

<http://libcat.nshealth.ca/permalink/chpams35637>

Nova Scotia Health Authority. Central Zone. Halifax Neuropituitary Program, QEII. Halifax, NS: Nova Scotia Health Authority , 2016.

Pamphlet Number: 0232

Available Online: [View Pamphlet](#)

“Adrenal insufficiency happens when your adrenal glands do not make enough hormones. Your body needs the right amount of these hormones in order to live. Adrenal insufficiency may be permanent or temporary. Causes, symptoms, medication, and special dosage instructions for stressful times are provided.



### Care after your surgery : Dr. Morris

<http://libcat.nshealth.ca/permalink/chpams34385>

Nova Scotia Health Authority. Central Zone. Minor Procedures. Halifax, NS: Nova Scotia Health Authority , 2016.

Pamphlet Number: 0340

Available Online: [View Pamphlet](#)

“ After your hand surgery, you will need to learn how to care for your suture lines (with a dressing, without a dressing and with Steri-Strips®). Please check with your family doctor's office about suture removal. Contact information for Dr. Morris and the Plastic Surgery Clinic is given in case you have problems and/or complications.



### Abdominal aneurysm

<http://libcat.nshealth.ca/permalink/chpams34473>

Nova Scotia Health Authority. Central Zone. Vascular Surgery. Halifax, NS: Nova Scotia Health Authority , 2016.

Pamphlet Number: 0591

Available Online: [View Pamphlet](#)

“ An aneurysm is a blood vessel in an artery that is bigger than normal. When it is located in the main artery of the abdomen, it is called an abdominal aneurysm. This pamphlet will help you learn about your aneurysm and how it is treated. The pamphlet explains why an aneurysm happens, who is at risk of having an aneurysm, how it can cause a problem, and how an aneurysm is diagnosed and treated.



### Angioplasty of the legs (balloon procedure)

<http://libcat.nshealth.ca/permalink/chpams35184>

Nova Scotia Health Authority. Central Zone. Vascular Surgery. Halifax, NS: Nova Scotia Health Authority , 2016.

Pamphlet Number: 1296

Available Online: [View Pamphlet](#)

“ Angioplasty of the legs is done to open blocked arteries in the leg. It may be done to delay or stop you from having bypass surgery (surgery to help blood get around a blockage). This pamphlet explains: when angioplasty is done, steps of the procedure, what a stent is, risks, how to prepare for surgery and what recovery will be like after surgery.