



### Low Carbohydrate Snacks for Children with Diabetes

<http://libcat.nshealth.ca/permalink/provcat14745>

IWK Health Centre. IWK , 2014.

Available Online: [View Pamphlet](#)

Location: Online

“ Note that consuming too many sugar alcohols can cause stomach discomfort. For this reason it is recommended to limit sugar alcohols consumptions to less than 10g per day. Please talk to your dietitian if you would like more information on sugar alcohols.



### Sugar Alcohols

<http://libcat.nshealth.ca/permalink/provcat15148>

IWK Health Centre. IWK , 2014.

Available Online: [View Pamphlet](#)

Location: Online

“ Note that consuming too many sugar alcohols can cause stomach discomfort. For this reason it is recommended to limit sugar alcohols consumptions to less than 10g per day. Please talk to your dietitian if you would like more information on sugar alcohols.



### Nutrition for multiple birth pregnancy

<http://libcat.nshealth.ca/permalink/provcat14714>

IWK Health Centre. IWK , 2014.

Available Online: [View Pamphlet](#)

Location: Online

“ Nutrition for twin pregnancies



### Healthy tips and tricks

<http://libcat.nshealth.ca/permalink/provcat14737>

IWK Health Centre. IWK , 2011.

Available Online: [View Pamphlet](#)

Location: Online

“ nutritional information about portion sizes



## Pregnancy Planning for Women with Type 1 or 2 Diabetes

<http://libcat.nshealth.ca/permalink/provcat14873>

IWK Health Centre. IWK , 2012.

Available Online: [View Pamphlet](#)

Location: Online

“ *Nutritional suggestions on achieving near normal blood sugars.*



## Ultrasound : not just a baby picture

<http://libcat.nshealth.ca/permalink/provcat14698>

IWK Health Centre. IWK , 2012.

Available Online: [View Pamphlet](#)

Location: Online

“ *obstetrical ultrasound- what will it find?, what does it feel like?, howlong will it take?*



## School therapy

<http://libcat.nshealth.ca/permalink/provcat14760>

IWK Health Centre. IWK , 2012.

Available Online: [View Pamphlet](#)

Location: Online

“ *Occupational therapists and physiotherapists help students achieve success in school by ensuring that they have the functional skills necessary to participate in all school activities.*



## [In French] THÉRAPIE SCOLAIRE : ERGOTHÉRAPIE ET PHYSIOTHÉRAPIE À L'ÉCOLE

<http://libcat.nshealth.ca/permalink/provcat15038>

IWK Health Centre. IWK , 2012.

Available Online: [View Pamphlet](#)

Location: Online

“ *Occupational therapists and physiotherapists help students achieve success in school by ensuring that they have the functional skills necessary to participate in all school activities.*



### **IWK Mental Health and Addictions : Measuring what we do...information for children, youth and families**

<http://libcat.nshealth.ca/permalink/provcat15053>

IWK Health Centre. IWK , 2013.

Available Online: [View Pamphlet](#)

Location: Online

“ A pamphlet used with families to explain tracking outcomes.



### **Parent Partners : We're here to help because we've been there**

<http://libcat.nshealth.ca/permalink/provcat15125>

IWK Health Centre. IWK , 2014.

Available Online: [View Pamphlet](#)

Location: Online

“ Parent Partners are a group of volunteers who have had babies in the NICU. We're here to help you parent in the NICU and to support you while you're here.