



### Healthy living resources for families

<http://libcat.nshealth.ca/permalink/provcat14734>

IWK Health Centre. IWK , 2013.

Available Online: [View Pamphlet](#)

Location: Online

“ Healthy eating and living resources.



### Reducing Newborn Stress

<http://libcat.nshealth.ca/permalink/provcat15084>

IWK Health Centre. IWK , 2014.

Available Online: [View Pamphlet](#)

Location: Online

“ Holding your baby in skin-to-skin contact in an unhurried environment as soon as possible after delivery is an important time for you and your baby to connect.



### Caring for your child after insertion of a pacemaker or defibrillator

<http://libcat.nshealth.ca/permalink/provcat14825>

IWK Health Centre. IWK , 2013.

Available Online: [View Pamphlet](#)

Location: Online

“ Home care after surgery.



### Caring for your child after insertion of a reveal device

<http://libcat.nshealth.ca/permalink/provcat14854>

IWK Health Centre. IWK , 2013.

Available Online: [View Pamphlet](#)

Location: Online

“ Home care after surgery.



### Respiratory syncytial virus (RSV) : information for parents

<http://libcat.nshealth.ca/permalink/provcat14860>

IWK Health Centre. IWK , 2013.

Available Online: [View Pamphlet](#)

Location: Online

“ HowRSV is spread, what the symptoms are, howit is treated.



### **My first pelvic exam : information for women**

<http://libcat.nshealth.ca/permalink/provcat14865>

IWK Health Centre. IWK , 2012.

Available Online: [View Pamphlet](#)

Location: Online

“ How the exam is done, why it is done.



### **[In French] Mon premier examen pelvien : Information à l'intention des femmes**

<http://libcat.nshealth.ca/permalink/provcat15042>

IWK Health Centre. IWK , 2013.

Available Online: [View Pamphlet](#)

Location: Online

“ How the exam is done, why it is done.



### **Septorhinoplasty**

<http://libcat.nshealth.ca/permalink/provcat14978>

IWK Health Centre. IWK , 2011.

Available Online: [View Pamphlet](#)

Location: Online

“ How the surgery is done, what to expect after surgery.



### **Injection pharyngoplasty for velopharyngeal insufficiency : instructions for patients and families**

<http://libcat.nshealth.ca/permalink/provcat14982>

IWK Health Centre. IWK , 2011.

Available Online: [View Pamphlet](#)

Location: Online

“ How the surgery is done, what to expect after surgery.



### **Healthy eating**

<http://libcat.nshealth.ca/permalink/provcat14956>

IWK Health Centre. IWK , 2015.

Available Online: [View Pamphlet](#)

Location: Online

“ How to achieve a healthy weight through good nutrition.