



## Choix d'accouchement après une césarienne

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Abstract: La présente brochure explique les choix offerts aux femmes qui ont eu un bébé par césarienne (parfois appelée naissance par césarienne ou opération césarienne). Les femmes qui ont eu une césarienne ont souvent un accouchement vaginal à leur prochaine grossesse. On peut alors parler d'épreuve du travail après césarienne ou d'accouchement vaginal après césarienne (AVAC). La présente brochure explique si vous pouvez planifier un AVAC et traite de ce qui favorise la sécurité et la réussite d'un AVAC, ainsi que des avantages et risques de l'AVAC.

This is a French translation of the English pamphlet 1847, "Options for Birth after Cesarean". This pamphlet explains the options available to women who have had a baby by cesarean birth (sometimes called "cesarean delivery", "c-section" or "CS"). Women who have had a cesarean often give birth vaginally in their next pregnancy. This may be referred to as Trial of Labour after Cesarean (TOLAC) or Vaginal Birth after Cesarean (VBAC). When you can plan for a VBAC, what makes a VBAC safe and successful, as well as the benefits and risks of VBAC, are listed.

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