



## **Corticosteroid therapy in inflammatory bowel disease (IBD)**

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**Subjects (LCSH):** Inflammatory bowel diseases  
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**Abstract:** Corticosteroids (kor-ti-koh-STER-oids) are strong inhibitors of inflammation (swelling). To 'inhibit' means to slow down or cut down on something. This pamphlet explains what corticosteroids do, how they work, when they are used, and how they are given. Precautions, side effects, and what to expect after treatment are explained. Side effects that require contacting your primary health care provider are listed.

**Notes:** This pamphlet replaced pamphlet 1139, Prednisone Therapy.

**Responsibility:** Prepared by: Nova Scotia Collaborative Inflammatory Bowel Disease Program

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