



## Helping teens cope with dying, death, and grief

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**Subjects (LCSH):** Death  
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Teenagers

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**Abstract:** This pamphlet outlines how to help teens cope with dying, death, and grief. It explains how teens may react when someone is very ill, the role their friends may play in the grieving process, and how their reactions may differ from those of an adult. Other topics include teens as caregivers, rituals, hiding and showing feelings, how stress may affect school performance, and warning signs that your teen may need extra help dealing with their feelings.

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