



Tonsillectomy and adenoidectomy : Valley Regional Hospital

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Abstract: This guide will help you learn how to care for yourself safely before and after day surgery for a tonsillectomy or adenoidectomy. Topics include getting ready for surgery, what will happen on the day of surgery, what will happen right after surgery, and care at home. Things to avoid for 2 weeks after your surgery, activity, and bleeding are also covered. The French version of this pamphlet 2177, "Amygdalectomie et adénoïdectomie - Hôpital régional Valley," is also available.

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