



24-hour ambulatory blood pressure monitoring

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Corporate Author: Nova Scotia Health Authority. QEII. Hypertension Clinic

Alternate Title: 24 hour ambulatory blood pressure monitoring

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Physical Description: 1 electronic document ([4] p.) : digital, PDF file

Subjects (MeSH): Blood Pressure Monitoring, Ambulatory

Subjects (LCSH): Ambulatory blood pressure monitoring

Abstract: An ambulatory blood pressure monitor is a small electronic device with a blood pressure cuff attached to it. This pamphlet explains how to use an ambulatory blood pressure monitor for 24 hours (1 day). It also provides info on where to return the monitor when you are done. Contact info is provided if you have questions.

Responsibility: Prepared by: Hypertension Clinic, VG

Pamphlet Number: 2073



Home blood pressure monitoring

<https://libcat.nshealth.ca/en/permalink/chpams35092>

Available Online: View Pamphlet

Corporate Author: Nova Scotia Health Authority. QEII. Hypertension Clinic

Place of Publication: Halifax, NS

Publisher: Nova Scotia Health Authority

Date of Publication: 2020

Format: Pamphlet

Language: English

Physical Description: 1 electronic document (5 p.) : digital, PDF file

Subjects (MeSH): Blood Pressure Monitoring, Ambulatory

Subjects (LCSH): Ambulatory blood pressure monitoring

Abstract: This pamphlet describes how to take your blood pressure at home. Topics include: advantages of monitoring your blood pressure at home, things to consider when buying a blood pressure monitor, how to measure, ideal blood pressure numbers at home, as well as a diagram showing the right way to take your blood pressure. The French version of this pamphlet 2197, "Surveiller la tension artérielle à la maison," is also available.

Responsibility: Prepared by: Hypertension Clinic

Pamphlet Number: 1197



Surveiller la tension artérielle à la maison

<https://libcat.nshealth.ca/en/permalink/chpams37513>

Available Online: View Pamphlet

Corporate Author: Nova Scotia Health Authority. QEII. Hypertension Clinic

Place of Publication: Halifax, NS

Publisher: Nova Scotia Health Authority

Date of Publication: 2020

Format: Pamphlet

Language: French

Physical Description: 1 electronic document (6 p.) : digital, PDF file

Subjects (MeSH): Blood Pressure Monitoring, Ambulatory

Subjects (LCSH): Ambulatory blood pressure monitoring

Specialty: Cardiovascular System

Abstract: Ce dépliant porte sur le suivi et la surveillance de la tension (pression) artérielle à la maison. Il décrit les avantages de la surveiller à la maison, les choses à considérer quand on achète tensiomètre (appareil de mesure de la tension), comment mesurer la tension artérielle et les valeurs cibles à la maison. Il comprend aussi une illustration qui montre comment mesurer la tension artérielle. This pamphlet describes how to take your blood pressure at home. Topics include: advantages of monitoring your blood pressure at home, things to consider when buying a blood pressure monitor, how to measure, ideal blood pressure numbers at home, as well as a diagram showing the right way to take your blood pressure.

This pamphlet is a French translation of "Home Blood Pressure Monitoring" pamphlet 1197. This pamphlet describes how to take your blood pressure at home. Topics include: advantages of monitoring your blood pressure at home, things to consider when buying a blood pressure monitor, how to measure, ideal blood pressure numbers at home, as well as a diagram showing the right way to take your blood pressure.

Responsibility: Prepared by: Hypertension Clinic

Pamphlet Number: 2197