



## **Limb loss (amputation) post-operative care**

<https://libcat.nshealth.ca/en/permalink/chpams37293>

**Available Online:** View Pamphlet

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**Alternate Title:** Limb loss (amputation) post-op care

**Place of Publication:** Halifax, NS

**Publisher:** Nova Scotia Health Authority

**Date of Publication:** 2021

**Format:** Pamphlet

**Language:** English

**Physical Description:** 1 electronic document (20 p.) : digital, PDF file

**Subjects (MeSH):** Amputation - rehabilitation  
Postoperative Care

**Subjects (LCSH):** Amputation  
Postoperative care

**Specialty:** Cardiovascular System

**Abstract:** In Nova Scotia, more than 100 people have a major amputation (limb loss) each year. This guide will help you get ready for your surgery by letting you know what to expect. This guide explains levels of lower limb amputation, who is on your health care team, what will happen before surgery, and what to expect after surgery. Information about coping with amputation, how to position yourself, care of your amputated leg and other leg and foot, getting around, and living at home is included. A list of post-operative and home exercises with images is provided.

**Responsibility:** Prepared by: Vascular Surgery

**Pamphlet Number:** 1193