



Alcohol and drug use after an acquired brain injury (ABI)

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Abstract: An acquired brain injury (ABI) causes you to lose brain cells. This means that your remaining brain cells have to work harder to do the same kinds of activities as before your injury. Using alcohol and drugs affects how your brain works. If you have an ABI, using alcohol and drugs can have a serious effect on you and your recovery from ABI. This pamphlet explains how alcohol and drug use will affect you after an ABI and lists resources for getting help.

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