



## 24-Hour pH Monitoring

<https://libcat.nshealth.ca/en/permalink/chpams36540>

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**Corporate Author:** Nova Scotia Health Authority. QEII. GI Unit

**Place of Publication:** Halifax, NS

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**Format:** Pamphlet

**Language:** English

**Physical Description:** 1 electronic document (5 p.) : digital, PDF file

**Subjects (MeSH):** Esophageal pH monitoring  
Esophageal Diseases - diagnosis

**Subjects (LCSH):** Esophagus–Motility–Disorders

**Abstract:** A 24-hour pH monitoring test is done to find out if your symptoms are related to refluxing or regurgitating (bringing up) acid from your stomach into your esophagus (the tube in your throat connecting your mouth and stomach for swallowing food). This pamphlet explains how the test is done, how the test will feel, and what you can eat and do while on the pH monitor. A diary is also provided to track when you start and finish eating meals or snacks, any symptoms you have, when you change positions, when you start and stop smoking, and any medications you take and why while pH monitoring is being done.

**Responsibility:** Prepared by: GI Unit, VG, QEII

**Pamphlet Number:** 0202



## Esophageal motility pressure studies

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Place of Publication: Halifax, NS

Publisher: Nova Scotia Health Authority

Date of Publication: 2021

Format: Pamphlet

Language: English

Physical Description: 1 electronic document ([4] p.) : digital, PDF file

Subjects (MeSH): Esophageal Diseases - diagnosis  
Manometry

Subjects (LCSH): Esophagus–Diseases  
Esophagus–Motility–Disorders

Abstract: This test is done so that your doctor can study the activity of the muscles and the pressure in your esophagus (swallowing tube). The pamphlet describes where you go for your test, how to get ready, how the test is done, and what will happen after the test.

Responsibility: Prepared by: GI Unit

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