



Epidural blood patch

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Abstract: An epidural blood patch is a procedure to treat headaches caused by low pressure in the fluid around the spine and brain. Your own blood can seal a leak in the spine the same way a bicycle inner tube can be patched. This can happen because of a spinal fluid leak after a spinal procedure. In rare cases it may happen spontaneously (for no apparent reason). This pamphlet explains what is done during an epidural blood patch. Topics include: what to expect after the procedure, what to do after going home, and what to watch for after going home.

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