



About Nova Scotia Health's smoke and tobacco reduction policy

<https://libcat.nshealth.ca/en/permalink/chpams36768>

Available Online: View Pamphlet

Corporate Author: Nova Scotia Health Authority. Mental Health and Addictions
Nova Scotia Health Authority. Respiratory Therapy Services
Nova Scotia Health Authority. Occupational Health Safety and Wellness

Place of Publication: Halifax, NS

Publisher: Nova Scotia Health Authority

Date of Publication: 2021

Format: Pamphlet

Language: English

Physical Description: 1 electronic document ([2] p.) : digital, PDF file

Subjects (MeSH): Smoking Cessation
Tobacco Use Cessation Devices

Subjects (LCSH): Smoking cessation
Smoking cessation products

Specialty: Hospitals

Abstract: Nova Scotia Health promotes a smoke-free, tobacco-free, and vape-free environment for patients, visitors, and staff. Nova Scotia Health is committed to helping people smoke less, stop smoking, and stay smoke-free. This pamphlet provides information about smudging ceremonies, stopping smoking, referral to Tobacco Free Nova Scotia (TFNS), and what to do if you decide you are ready to try to quit tobacco. Contact information for TFNS and the Stop Smoking Program is provided. The French version of this pamphlet 1548, "Politique de réduction du tabagisme de Santé Nouvelle-Écosse," is also available.

Responsibility: Prepared by: Mental Health & Addictions, Respiratory Therapy, Occupational Health Safety & Wellness

Pamphlet Number: 1547



Disease interrupted : tobacco reduction and cessation

<https://libcat.nshealth.ca/en/permalink/provcat25915>

Call Number: WM 290 D611 2012

Other Authors: Els, Charl
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Responsibility: Charl Els, Diane Kunyk, Peter Selby, editors

Place of Publication: [s.l.]

Publisher: CreateSpace Independent Publishing Platform

Date of Publication: 2012

Physical Description: 325 p.

ISBN: 9781467912938

Subjects (MeSH): Nicotine - pharmacology
Smoking - epidemiology
Smoking Cessation
Smoking Cessation Agents
Smoking Cessation Products
Tobacco - adverse effects
Tobacco Use Cessation Devices
Tobacco Use Cessation - methods
Tobacco Use Disorder - prevention & control

Format: Book

Location: Halifax Infirmary
Dickson Building
Nova Scotia Hospital
Yarmouth Regional Hospital

Copies: 4

Loan Period: 3 weeks use



How to use nicotine replacement therapy (NRT)

<https://libcat.nshealth.ca/en/permalink/chpams35482>

Available Online: View Pamphlet

Corporate Author: Nova Scotia Health Authority. Mental Health and Addictions
Nova Scotia Health Authority. Respiratory Therapy Services
Nova Scotia Health Authority. Pharmacy Services
Nova Scotia Health Authority. Occupational Health Safety and Wellness

Alternate Title: How to use NRT

Place of Publication: Halifax, NS

Publisher: Nova Scotia Health Authority

Date of Publication: 2021

Format: Pamphlet

Language: English

Physical Description: 1 electronic document ([2] p.) : digital, PDF file

Subjects (MeSH): Smoking Cessation
Tobacco Use Cessation Devices

Subjects (LCSH): Smoking cessation
Smoking cessation products

Abstract: Nova Scotia Health promotes a smoke-free, tobacco-free, and vape-free environment for patients, visitors, and staff. Nova Scotia Health is committed to helping people smoke less, stop smoking, and stay smoke-free. This pamphlet provides information about nicotine replacement therapy options such as the nicotine patch, nicotine gum, nicotine lozenges, and nicotine inhaler.

Responsibility: Prepared by: Mental Health & Addictions, Respiratory Therapy, Pharmacy Services, Occupational Health Safety & Wellness

Pamphlet Number: 2145