



Carbohydrate counting

<https://libcat.nshealth.ca/en/permalink/provcat14746>

Available Online: View Pamphlet
Author: Clinical Nutrition
Corporate Author: IWK Health Centre (Halifax, N.S.)
Responsibility: IWK Health Centre
Place of Publication: Halifax, NS
Publisher: IWK
Date of Publication: 2014
Physical Description: 2 page brochure
Pamphlet Number: PL-0238
Subjects (Other): Diabetes
Blood sugar
Meal planning

Abstract: carbohydrate counting- how to count , where are they found,how to read nutrition labels, mobile phone apps to use, recommended resources-websites and books.

Program: IWK Program. Women's & Newborn Health
Format: Pamphlet
Location: Online



Discharge instructions following sedation / general anaesthesia

<https://libcat.nshealth.ca/en/permalink/provcat14701>

Available Online: View Pamphlet
Author: Children's Health
Corporate Author: IWK Health Centre (Halifax, N.S.)
Responsibility: IWK Health Centre
Place of Publication: Halifax, NS
Publisher: IWK
Date of Publication: 2009
Physical Description: 1 sheet
Pamphlet Number: PL-0109
Subjects (Other): Anaesthesia
Surgery

Abstract: Basic care instructions: activity; diet / foods; who to call if concerned.

Program: IWK Program. Children's Health
Format: Pamphlet
Location: Online



[In ARABIC] Discharge instructions following sedation / general anaesthesia

<https://libcat.nshealth.ca/en/permalink/provcat15009>

Available Online: View Pamphlet
Author: Children's Health
Corporate Author: IWK Health Centre (Halifax, N.S.)
Responsibility: IWK Health Centre
Place of Publication: Halifax, NS
Publisher: IWK
Date of Publication: 2009
Physical Description: 1 sheet
Pamphlet Number: PL-0109-AR
Subjects (Other): Anaesthesia
Surgery
Language: Arabic
Abstract: Basic care instructions: activity; diet / foods; who to call if concerned.
Program: IWK Program. Children's Health
Format: Pamphlet
Location: Online



[In French] Directives de sortie suite à une sédation ou anesthésie générale : Programme de santé des enfants

<https://libcat.nshealth.ca/en/permalink/provcat14993>

Available Online: View Pamphlet
Corporate Author: IWK Health Centre (Halifax, N.S.)
Responsibility: IWK Health Centre
Alternate Title: Discharge instructions following sedation / general anaesthesia Author
Children's Health
Place of Publication: Halifax, NS
Publisher: IWK
Date of Publication: 2012
Physical Description: 2 sheets
Pamphlet Number: PL-0109-FR
Subjects (Other): Anaesthesia
Surgery
Language: French
Abstract: discharge instructions following sedation/general anaesthesia
Program: IWK Program. Children's Health
Format: Pamphlet
Location: Online



[In Simplified CHINESE] Discharge instructions following sedation / general anaesthesia

<https://libcat.nshealth.ca/en/permalink/provcat15010>

Available Online: View Pamphlet
Author: Children's Health
Corporate Author: IWK Health Centre (Halifax, N.S.)
Responsibility: IWK Health Centre
Place of Publication: Halifax, NS
Publisher: IWK
Date of Publication: 2009
Physical Description: 1 sheet
Pamphlet Number: PL-0109-CH
Subjects (Other): Anaesthesia
Surgery
Language: Simplified Chinese
Abstract: Basic care instructions: activity; diet / foods; who to call if concerned.
Program: IWK Program. Children's Health
Format: Pamphlet
Location: Online



Welcome to day surgery

<https://libcat.nshealth.ca/en/permalink/provcat14699>

Available Online: View Pamphlet
Author: Day Surgery - Pediatrics
Corporate Author: IWK Health Centre (Halifax, N.S.)
Responsibility: IWK Health Centre
Place of Publication: Halifax, N.S.
Publisher: IWK
Date of Publication: 2011
Physical Description: 8 p.
Pamphlet Number: PL-0096
Subjects (Other): Ambulatory Surgery
Abstract: Pre-operative preparation for surgery and care after general anaesthesia.
Program: IWK Program. Children's Health
Format: Pamphlet
Location: Online